

MEDIA RELEASE 9 May, 2020

BASEBALL CANBERRA STATEMENT ON COVID-19

The following is a statement outlining Baseball Canberra's position relating to the outbreak of COVID-19 across Australia as of the 9 May 2020.

We are getting closer to a return to activity as each day goes by! I want to thank you all for your patience through this stressful time and I can confirm that Baseball Canberra has commenced working through our return to activity plan to ensure a safest transition back to activity.

We do not have a set date as of yet, however we are working through the National Principals to Resumption in Sport and Recreation Activities in collaboration with the Federal and State government, the AIS and Baseball Australia to pin point a return date. Restrictions are still in place until further notice.

"A return to activity in the next few weeks would involve small training groups of 10 people or less, including any coach or staff member. Should a return happen, there will be very strict social distancing procedures that everyone will need to follow, and these will be outlined by Baseball Canberra in conjunction with ACT Government. In saying that we do not want to get ahead of the game and rush back, we want to do so in the safest possible way to our community and members". Josh Matavesi

Please keep an eye on the Baseball Canberra Facebook page and website for further updates and don't forget you can down load the COVID-19 app here to help support our transition back to activity. There will be some recourses available coming in the next few weeks from BC. Keep an eye out for these for an ease of transition into activity.

- Promotion of the Baseball Australia National Coaching Accreditation
- Club COVID Safety practices for local Clubs to put into practice post COVID-19.
- Video: Videos from our HP Manager Kyle Perkins on drills to get you ready to return to activity.

Please continue to follow the directions and information on COVID-19, issued by the Australian Department of Health, which can be found here: https://www.health.gov.au/

Please refer to the <u>Australian Institute of Sport webpage</u> for sport specific advice including information on travel, as well as FAQs relating to COVID-19.

To protect against the spread of COVID -19 good hygiene habits include:

- washing your hands often with soap and water;
- using a tissue and cover your mouth when you cough or sneeze;
- avoiding close contact with others, such as touching;
- visiting your local doctor should you been experiencing and cold or flu symptoms, including aches, pains, dizziness, runny nose or coughing

You can read more about protective measures against COVID-19 on the World Health Organization website.

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